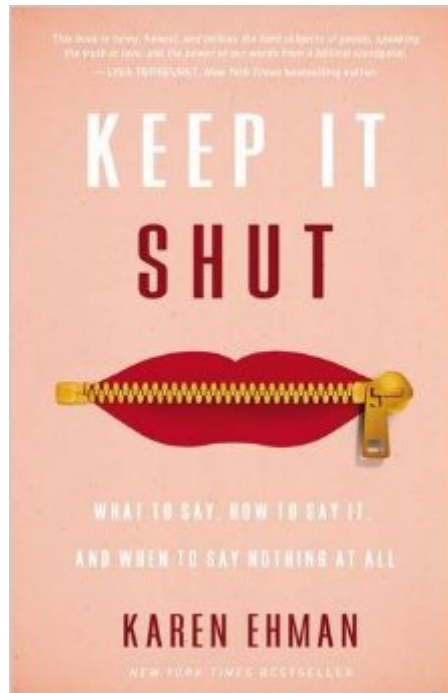


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# Keep It Shut: What To Say, How To Say It, And When To Say Nothing At All



## Synopsis

Keep It Shut by Karen Ehman explores how to better control your tongue, knowing what to say and how to say it, and realizing when it is best to say nothing at all. From Bible times to modern times women have struggled with their words. What to say and how to say it. What not to say. When it is best to remain silent. And what to do when you've said something you wish you could now take back. In this book a woman whose mouth has gotten her into loads of trouble shares the hows (and how-not-tos) of dealing with the tongue. Beyond just a "how not to gossip" book, this book explores what the Bible says about the many ways we are to use our words and the times when we are to remain silent. Karen will cover using our speech to interact with friends, co-workers, family, and strangers as well as in the many places we use our words in private, in public, online, and in prayer. Even the words we say silently to ourselves. She will address unsolicited opinion-slinging, speaking the truth in love, not saying words just to people-please, and dealing with our verbal anger. Christian women struggle with their mouths. Even though we know that Scripture has much to say about how we are to use our words, this is still an immense issue, causing heartache and strain not only in family relationships, but also in friendships, work, and church settings.

## Book Information

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## Customer Reviews

Keep It Shut: What to Say, How to Say It, and When to Say Nothing at All by Karen Ehman begins with endorsements from well-known leaders in Christian ministry. The book is endorsed by: Lysa TerKeurst, Liz Curtis Higgs, Candace Cameron Bure, Jim Daly, Jennifer Smith, Courtney

Joseph Jennifer Rothschild Routh Soukup Darlene Schacht Renee Swope Sally Clarkson The message of the book is aligned with Scripture, as Karen Ehman teaches the fine art of holding your tongue and silencing yourself. While it may seem like common sense, in a social media world where our voices are heard in further distances, it's critical to realize what to say, when to say it and when to keep it shut! Karen shares personal stories with humility and love. She invites her readers to identify with "foot in the mouth" situations and offers alternatives to unhealthy situations. Learn the art of listening, speaking with grace, and cultivating a new language of communication. Read this as a Book Club selection, a Bible study, or as a self-help book if you struggle with either side of the communication fence. May you be blessed by this Karen Ehman

book!\*\*\*\*\*10 Quotes From Keep It Shut #TweetThis When we lace our words with grace, healing happens. Karen Ehman Don't say something permanently painful just because you are temporarily ticked off. Karen Ehman Listening requires attending to the other person's heart. Karen Ehman Talking to God helps me know how to talk to others. Karen Ehman Treat your time alone with God as serious as any other appointment you have. Karen Ehman I like to think of the book of Proverbs as the Twitter of the Old Testament.

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